

ANNA ISD ATHLETIC HANDBOOK



ANNA ISD ATHLETIC PROGRAM

UIL (University Interscholastic League) PARTICIPATION

Anna ISD offers participation in the following sports programs under the auspices of the University Interscholastic League – Austin, Texas:

High School (Grades 9-12)

Football – Boys

Volleyball – Girls

Basketball – Boys and Girls

Cross Country – Boys and Girls

Baseball – Boys

Softball – Girls

Tennis – Fall/Spring – Boys and Girls

Golf – Fall/Spring Boys and Girls

Track – Boys and Girls

Soccer – Boys and Girls

Powerlifting – Boys and Girls ***THSPA/THSGPA Membership (Non-UIL)**

Wrestling - Boys and Girls

Cheerleading

STUDENT PARTICIPATION

The goal of the athletic program is to offer the opportunity of participation to all students. Interscholastic athletics fosters competition and cooperation. It also represents an area of great potential for teaching dedication, perseverance, courage, poise, and practicing the pursuit of excellence. However, no student is obligated to take part in athletics.

Participation in the Anna ISD Athletic Program is a privilege, not a right. **Since it is a privilege, the coaching staff has the authority to suspend or revoke the privilege when the rules, regulations, or standards of the athletic program are not followed.**

RESPONSIBILITIES OF AN ANNA ISD STUDENT-ATHLETE

All student-athletes have the responsibility to play to win, give their best effort, strive for excellence, and exhibit good conduct at all times in a manner that is a positive example to team members, fellow students, and the community. The fact that an individual has chosen to participate in interscholastic athletics is indicative that the student has taken into consideration the rewards, privileges, and pleasures obtained from participation. In addition, the student understands the responsibility of following rules and regulations

and meeting the demands of being a student-athlete. The privilege of representing the Anna ISD Athletic Program coincides with the expectations of the campus principal, coaches, teachers, parents, community, and most of all, fellow teammates and classmates. As a student-athlete, you are always on display.

The responsibilities of a student-athlete include, but are not limited to, the following:

- The student-athlete will strive for excellence in all activities at all times while being a member of the Anna ISD Athletic Program.
- The student-athlete will faithfully abide by all rules outlined in the athletic handbook.
- The student-athlete will abide by the practice schedules and complete workouts each day.
- The student-athlete will personally notify his/her coach when unable to attend practice and will miss practices only under extreme circumstances.
- The student-athlete will abide by the coach's directions, instructions, and decisions. Insubordination will not be tolerated.
- The student-athlete will be responsible for the proper care of all issued clothing and/or equipment. The student-athlete will be required to pay for any clothing and/or equipment that is lost, damaged, or destroyed. Issued clothing should not be worn outside of athletic participation (practice/competition). Exceptions may include "game-day" dress.
- Most importantly, the student-athlete will represent Anna ISD to the best of his/her ability to set an example to the community of the values and expectations promoted within the school district.

Student-athletes will be expected to:

- Respect coaches, teammates, teachers, staff, administrators and classmates.
- Follow directions the first time they are given.
- Refrain from unsportsmanlike conduct of any manner.
- Comply with Anna ISD Board Policies, the District code of conduct, and discipline management plan.

The Anna ISD Athletic Program is an integral part of the total school experience for both boys and girls. It offers a variety of sports and activities to students who have the desire to participate. The athletic program is a vital part of education. The rules, regulations, and standards outlined in this handbook are designed to provide for the efficient operation of a program. ***The student-athlete will be held accountable and***

responsible for all policies contained within this handbook and for any additional expectations set forth by the Head Coach.

Responsibility of Anna ISD (Student-Athlete) Parent

- Parents are expected to be supportive of all student-athletes & coaches.
- Parents are responsible for communicating issues to their athlete's coach and head coach. If the matter can not be resolved, the parent may request a meeting with the head coach & athletic director through the athletic secretary. Meetings will be held during the conference period of the head coach.
- Coaches will not meet to discuss playing time, athletic positions, another student-athlete on the team, or coaching philosophies.

ATHLETIC SUSPENSION/ REMOVAL FROM A SPORT

Athletics at AISD is a privilege. Since participation in athletics is a privilege, a student-athlete who violates the general policies and procedures prescribed by the UIL or AISD may lose the privilege to participate. The philosophy of the AISD Athletic Department is to create a successful program based on high standards. The coaching staff will work with each student-athlete to ensure appropriate sportsmanlike behavior. The coaching staff will address any violation of policies – sportsmanship, training rules, missing practice, poor attitude, etc., - with the desire to help the student-athlete. The welfare of the AISD Athletic Department and athletic teams will take priority. Each coach has the right to discipline student-athletes on his/her team keeping in mind the welfare of the team as well as the welfare of the individuals should exercise sound judgment in evaluating situations and penalties being as consistent as possible.

A coach will dismiss a student-athlete from a team only after:

- Reviewing the procedure for dismissal
- Discussion of action with the Athletic Director
- Documenting the situation and actions
- Providing documentation to parents and student-athletes
- Confirming that all documentation is on file

A coach must report any major disciplinary action within twenty-four hours of the incident to the Athletic Director and the appropriate School Principal.

Disciplinary due process procedures for the removal of student-athletes:

1. Notification of the principal and athletic director within 24 hours
2. Notification of parents within 24 hours
3. Suspension for up to three school days from the particular sport, beginning the day of the offense
4. Conference with parent(s) within the three-day suspension if requested by the parent or athletic department
5. Removal decision rendered at or before the end of the three-day suspension

Student-athletes and parents should be aware:

1. A school year begins immediately after the last day of the previous school year.
2. **An athlete may not quit one sport to play another sport.** The following procedures should be followed to drop/quit a sport:
 - Examine the situation before a decision is made.
 - Talk to the coach to see if a solution can be reached. (A parent conference may be required)
 - If the decision to quit is made by a student-athlete in grades 9-12, the student-athlete must check out of the sport through the Head Coach. All clothing/equipment issued to the student-athlete must be returned in the same shape as it was when it was issued to the athlete. Payment for any lost or damaged clothing and equipment will be required. This matter must be resolved before a student-athlete begins participating in his/her next sport.
 - A student-athlete who decides to quit one sport to join another must wait until the first sport has completed its season before they are allowed to participate in competition or practice.
 - Exception: Athletes who choose to quit a sport during the two-week “tryout window” will not be subject to this consequence. The tryout window is defined as the 14 calendar day period of time beginning with the first official practice of the particular sport’s season.
 - A student-athlete who quits in a manner inconsistent with the above scenarios will not be allowed to compete for the remainder of the school year.
 - Students will not be allowed to join a sport after regular season games have started without approval from the Athletic Director. This does not apply to students who enroll during this time.

Coaches in conjunction with the Athletic Director, reserve the right to prohibit any athlete from joining a team or sport if that athlete has routinely failed to complete seasons in other sports that they have started, whether due to conduct, attitude,

or poor academic performance. Failure to participate in the mandatory off-season program may also constitute dismissal from the athletic program. Routinely quitting sports may result in dismissal from the athletic program.

3. Any athlete placed in the District Alternative Education Program (DAEP) will be ineligible for athletics during the period in which the athlete is in DAEP. Any subsequent assignments during the same school year to any of the following may result in suspension from athletics for the remainder of the school year:
 - DAEP
 - ISS
 - administrator detentions
 - out-of-school suspension
 - expulsion
4. Any athlete placed in ISS will be ineligible for any activities of the athletics department until the prescribed time is served. The student is expected to practice with the team when practice falls outside of the school day.
5. Any athlete found to have used or distributed marijuana, narcotics, or other dangerous drugs or paraphernalia may be subject to the banning of participation in any athletic event for the remainder of the school year or other disciplinary action as deemed appropriate by the Athletic Director. Any student testing positive through the mandatory school drug test will be disciplined according to district policy
6. Any athlete removed from a contest for unsportsmanlike behavior towards an opponent, coach, or official will be counseled by the Athletic Director and the Head Coach the next day. Should the action be repeated in the same school year, the athlete may be removed from the athletic program for the remainder of the year. An athlete ejected for any of the above behavior will serve a suspension of 10% of total games will be imposed on the athlete.
7. Student-athletes are responsible for all uniforms or equipment issued to him/her. Coach(es) will keep accurate records of equipment and to whom it is issued. Student-athletes must be aware of the financial responsibility of using AISD uniforms and equipment. A student-athlete will not be allowed to participate in any other athletic program until all issued uniforms and equipment are returned in good condition or paid for

8. Student-athletes are representatives of AISD; therefore, athletes should strive for acceptable and proper conduct at school and all school functions. Athletes should show respect for all coaches, teachers, and administrators.
9. **Athletes are expected to maintain high standards in academics, behavior, and social media presence, serving as positive role models for their peers and community as representatives of Anna ISD. Participation is a privilege, not a right, and inappropriate conduct—especially on social media, including posts, likes, or shares involving bullying, harassment, or offensive content—may result in disciplinary action, including removal from the team, in line with district policies.**
10. All athletes competing in athletic contests will remain with the team and under the supervision of the coach or athletic trainer until dismissed by the coach or athletic trainer. If an athlete is ejected from the contest, the athlete will remain under the supervision of the coach until the athlete is dismissed by the coach. In the case of injury, the coach, athletic trainer, or doctor may become the supervisor of the athlete if the athlete is removed from the site of the contest.
11. Any athlete who has or is found to be using alcohol or tobacco (including vape paraphernalia) products of any kind will be suspended from his or her next athletic contest. A second violation will result in dismissal from the athletic program for the remainder of the year.
12. Student-athletes, managers, trainers, or students who leave the sideline, dugout, bench, or stands to participate in a verbal or physical confrontation may be suspended for a future athletic contest(s). Coaches, officials, and the Administrator on duty will deal with the situation. Any athlete, whether as a participating athlete or spectator, is expected to remove him/herself from any involvement in any verbal or physical altercation. **The Athletic Director will make final decisions in all actions taken.**
13. Any violation involving the police other than a routine traffic violation may be grounds for disciplinary action.

ATTENDANCE/ABSENCES/TARDIES

Student-athletes are expected to be dressed and on time for all practices and competitions and remain for the duration of the practice or competition. It is the student-athlete's responsibility to notify the coach if he/she must miss a practice or

competition. By becoming a member of the Anna ISD Athletic Program, you are committing to the program. ***An unexcused absence from a game will result in suspension of the next scheduled game.**

*An excused absence is that of an illness, emergency, etc... A doctor's note or note from a parent may be required.

As with any other activity, please be aware that excessive tardiness or absences will result in a loss of practice/instructional time. This loss of time could subject the student-athlete to loss of playing time or even dismissal from the team. Sport-specific drills and conditioning may be required for any tardy or absence at the discretion of the head coach.

SPORT BANQUET/ AWARD PROGRAM

Each sport will host a banquet/award program at a time and date to be determined upon completion of that sport season. All athletes participating in that sport are encouraged to attend. Not all sports will host the same type of award program/banquet.

BOOSTER CLUB

The Anna Athletic Booster Club meets quarterly to promote parent and citizen involvement in the Anna ISD athletic program. The Booster Club serves in a support capacity to raise funds, awareness, and community spirit. They are under the auspices of the district Superintendent and facilitated by the Athletic Director. The UIL has set forth strict guidelines for the proper management of any organizations supporting student activities.

DRESS CODE

In addition to following the Anna ISD Board-approved dress code (found in the student handbook), student-athletes have additional expectations regarding hairstyle and jewelry. Per UIL rules and regulations, for safety reasons, student-athletes are not allowed to wear jewelry of any kind during athletic competition.

ELIGIBILITY/GRADES/TUTORIALS

The Anna ISD coaches and administration shall determine each student's eligibility according to UIL rules and regulations as specified in the UIL Constitution and Contest Rules. Anna ISD strictly adheres to these rules and regulations. UIL, the State Board of Education, and the Texas Education Agency rules are strictly enforced. Coaches

may check student-athlete averages at any time within a grading period. Student-athletes may be required to attend tutorials if their grades are not acceptable.

Entry to Games

All students in 9th grade and below must be accompanied by a paying adult to attend any athletic event. It is important to note that the adult is responsible for accompanying them to the game. Students in the 9th grade and below who are not accompanied by an adult will not be allowed entry into home contests.

Students are required to sit in the stands during the event. Loitering in the main concourse and behind the stands is strictly prohibited.

Parents or guardians should ensure that students are picked up no later than 30 minutes after the conclusion of any athletic event. Failure to pick up students within this 30-minute grace period will result in restrictions on their attendance at future athletic events.

FACILITIES/EQUIPMENT

Student-athletes are expected to take care of all facilities and equipment at all times. Normal wear and tear is expected, but misuse and vandalism are not.

FOOTBALL EQUIPMENT

Safety is a priority in extracurricular activities. Parents are entitled to review the District record regarding the age of all helmets used on each campus. This includes the date when the helmet was reconditioned.

HELMET RECONDITIONING

Each helmet must be reconditioned every two years. Helmets will be identified as to the date on which it was reconditioned. Helmets that are ten years old are not permitted to be reconditioned and will be properly disposed of by the District.

ATHLETIC HEAT POLICY:

The start of fall athletic activities coincides with the hottest and most humid weather conditions of the Texas summer. With the increase chance of heat related illness during June-October, Anna ISD has implemented an Excessive Heat Policy to protect its student-athletes and provide guidelines for coaches to adhere to.

WBGT Means and Methods of Measurement when practices are outside in WBGT of 87.0 or higher

Readings will be taken using a handheld device kept by campus ATs, and readings will be checked 30 minutes prior to activity and monitored throughout. A secondary option for WBGT readings will be taken with the district approved DTN WxSentry weather app and monitored using the app warnings via text to all involved parties.

If utilizing an on-site instrument, the instrument should be set up 30 minutes prior to practice and should be read 15 minutes prior to the start of practice. If utilizing the DTN WxSentry app, the WBGT should also be checked at the 15-minute mark prior to practice.

In both cases, WBGT readings should be monitored throughout practice. When there's a change in WBGT from one level to the next (example: Red flag to Black Flag), responsible modifications to practice activities should be made based on the above WBGT Activity Guidelines chart.

It is recommended that schools record and keep on file the WBGT temperatures associated for outside practices.

Emergency Action Plans & Procedures for the Prevention of Heat-Related Illness

§ Rapid cooling zones must be available for each outdoor athletic event, practice, workout, or conditioning session that is held in WBGT of 87.0 degrees or higher. Rapid cooling zones are required to have immediate availability of cold-water immersion tubs or tarps that can be filled with ice and water and wrapped around individuals to rapidly cool internal body temperature (TACO Method-Tarp Assisted Cooling with Oscillation) and are encouraged to include a combination of the following options: ice sponges, towels, and shade. The presence of an employee or volunteer trained to administer cold-water immersion is recommended.

Student-athletes should never be denied access to water.

Hydration & Rest breaks must involve unlimited hydration intake and rest without any activity involved.

For Football: Helmets should be removed during rest time, and if possible, athletes should be put in a shaded area or "cooling zone".

Ice towels, cold immersion tubs, and/or tarps & sponges (TACO equipment) should be available at the “cooling zone” for the benefit of any player showing early signs of heat illness.

Competitions & Possible Modifications to Competitions

WBGT practice guidelines and limitations do not apply to UIL competitions, but it is recommended that schools monitor WBGT conditions prior to and during the game or event and use appropriate emergency action plans for high temperature and humidity.

Any contest played in WBGT of 87.0 degrees or higher must have a rapid cooling zone on site and available at all times to allow for full body, rapid cooling of athletes experiencing heat illness.

Modifications that potentially can be made include (but are not limited to the following):

- Alteration of start times as possible to allow for participation in the best conditions possible
- Allowing teams that are waiting to warmup access to air conditioned gyms or locker rooms until organized warmups begin.
- Unlimited access to cool water.
- Shade structures/tents on the sideline to allow for athletes to get out of the direct sunlight.
- Ice towels/sponges, cold immersion tubs, and tarps (TACO equipment) available in “cooling zone”

ATHLETIC COLD POLICY:

Cold weather exposure can impair athletic performance and even become life-threatening. Wind chill can make activity even more uncomfortable and hinder performance when muscle temperature declines. Hypothermia frequently occurs at temperatures above freezing. A wet and windy 30-50 degrees exposure may be as serious as a subzero exposure. For this reason, Anna ISD has implemented a Cold Weather Policy using Wind Chill Factor to determine limitations and cancellations, not the ambient temperature.

HIGH SCHOOL:

Wind Chill Factor: 33 to 35 degrees (With Precipitation): 35 minutes of exposure/20 minutes inside (may return outside after 20 minutes) change to dry clothing (socks, gloves, tops, etc) Athletes must be dressed in warm-ups with extremities covered at all times

Wind Chill Factor 32 degrees or Below (With Precipitation):

All activities will be inside, NO outside exposure

Wind Chill Factor 33 to 35 degrees (Dry):

45 minutes exposure/ 15 minutes inside for rewarming

Athletes must be in warm-ups with extremities covered at all times

Wind Chill Factor 26 to 32 degrees (Dry):

30 minutes of total exposure/ 15 minutes inside for rewarming

Athletes must be in warm-ups with extremities covered at all times

Wind Chill Factor 25 degrees or below (Dry):

NO OUTSIDE ACTIVITY

MIDDLE SCHOOL:

Wind Chill Factor 40 to 45 degrees (With Precipitation):

35 minutes of exposure/ 30 minutes inside for rewarming

Athletes must be dressed in warm-ups with extremities covered at all times

Wind Chill Factor 39 degrees and Below (With Precipitation):

All activities will be inside. NO OUTSIDE EXPOSURE

Wind Chill Factor 35 to 38 degrees (Dry):

45 minutes of exposure/ 15 minutes inside for rewarming

Athletes must be dressed in warm-ups with extremities covered at all times

Wind Chill Factor 31 to 34 degrees (Dry):

30 minutes of exposure/ 15 minutes inside for rewarming

Athletes must be dressed in warm-ups with extremities covered at all times

Wind Chill Factor 30 degrees or below (Dry):

NO OUTSIDE ACTIVITY

Competitions & Possible Modifications to Competitions

Games to be postponed due to cold weather will be determined on a case-by-case basis by the Athletic Director and/or Head Coach with the recommendation of the ATs. A game date will be considered for rescheduling if the wind chill is forecasted below 25 degrees for high school games/matches and below 30 degrees for middle school games/matches. Weather conditions will be monitored using the DTN WxSentry app ONLY.

LIGHTNING AND SEVERE STORMS

Forecasts are critical to understanding what weather conditions you might be dealing with, from extreme heat or cold to severe storms, high winds or more. Lightning strikes can be unpredictable and deadly for outdoor activities. And while the most common months for lightning strikes and severe storms are in the spring and summer months, preparing ahead of time is crucial for all our outdoor sports.

When a thunderstorm forms and starts its course towards our campuses, causing a potentially dangerous situation to those playing/attending the outdoor event, it is imperative for you to be on alert and ready to seek shelter when necessary. Severe weather/lightning conditions will be monitored using the DTN WxSentry weather app and Siren System ONLY. Below is a detailed explanation of how we will monitor those incoming storms and evacuate the playing areas when necessary:

YELLOW RING: Lightning Advisory- this is a caution alert that lightning strikes are within a 15-30 mile radius of your location. Start to make plans to take shelter soon from the incoming storm.

ORANGE RING: Lightning Caution- this is a caution alert that lightning strikes are within a 10-15 mile radius of your location. Be ready to seek shelter at any moment.

RED RING: Lightning Warning- this is a WARNING alert that lightning strikes are within a 10-mile radius of your location. Seek shelter IMMEDIATELY in an enclosed building or on a school bus, or in a vehicle. DO NOT keep students under tents, in dugouts, or in a building near an open garage door, as these are not safe areas.

When lightning strikes occur within a 10-mile radius of our DTN Siren system, an audible siren will sound and a red light will flash, alerting everyone in the area of the impending danger and to seek shelter.

DTN Sirens are located at the southwest corner of the tennis complex, near the Indoor and on top of the press box at Clemons Creek MS Stadium. A future DTN Siren will be placed on top of the Fieldhouse at Coyote Stadium.

ALL CLEAR: The sirens will sound again after 30 minutes from the last lightning strike within a 10-mile radius. You should also receive a text alert through your DTN WxSentry app with an ALL CLEAR from your location. Once the All Clear siren/notification is received, you may return to your outdoor activity/event.

Competitions & Possible Modifications to Competitions

If we have extended lightning delays due to lingering storms, games may be postponed/rescheduled on a case-by-case basis. This will be determined by the Athletic Director and/or Head Coach with the recommendation of the ATs.

LETTERING

Student-athletes may receive from the school only one major award during their high school career (UIL). Anna ISD awards one letter jacket (jacket, letter, and sport symbol only) to a student-athlete during their high school career. To letter in a sport, the student-athlete must be on a varsity team and satisfy the requirements stated below. Coaches must consider the following before nominating a student-athlete for a letter. Each sport will have certain requirements for lettering and these requirements will be kept on file in the athletic office. Managers and Student Trainers who work with a varsity team will be eligible for a letter.

- Conduct as explained in this handbook.
- Attendance to all activities in which the athlete is required to attend.
- Participation on the VARSITY team, and in good standing.

Athletic Signing

Any athlete that has a college letter of intent must inform the head coach of that sport, the athletic secretary, and the athletic director. To be eligible to have a signing at the school, the athlete must be in good standing with the team and school. **(Must have completed the season.)**

NECESSARY DOCUMENTATION

Before participation, a student-athlete must have the following on file:

- Pre-Participation Medical History and Examination form (UIL form only)
- Parent/Student Acknowledgement of Rules form (UIL form only)
- Illegal Steroid Use form (UIL form only)
- UIL Previous Athletic Participation Form (if applicable)
- UIL Foreign Exchange Student forms (if applicable)
- Anna ISD Athletic Handbook acknowledgment form
- Emergency Contact Information Form
- Consent to Treat Form
- Drug Testing Consent Form
- Sudden Cardiac Awareness Form

The school district cares about the well-being of student-athletes; ***however, the school district does not assume liability for injuries incurred in athletics.***

PERSONAL BELONGINGS

Student-athletes should not leave personal items, especially jewelry or money, in areas unsupervised. **Anna ISD and the Anna Athletic Department are not responsible for lost or stolen items.**

TEAM TRAVEL

All regular school transportation rules and regulations apply when on an athletic trip. **All varsity student-athletes are expected to ride the transportation provided by Anna ISD to and from all competitions.** The approval of the head coach must be obtained for a student-athlete to return home with his/her parent/guardian, and this will only occur upon completion of an Anna ISD Athletic Department Travel Consent Form. The Athletic Department **strongly urges** that all student-athletes leave with a parent/guardian only

in emergencies. Head coaches of each sport will determine if they will allow Sub-Varsity players to travel home after an away contest. **Jr. High athletes will be allowed to ride home from away athletic events with a parent/guardian signature on a travel consent form.** These forms can be downloaded from the school athletic website.

Student-Athletes will follow the dress code for all bus trips, if not dressed in the team uniform before leaving the school. Team shirts may be issued for some sports, and student-athletes will be expected to dress in them for each trip. All other clothing will be in good condition (no holes, ragged, or sagging pants/shorts) and follow the Anna ISD Board-approved dress code. Food and/or drinks will only be allowed on the bus with the approval of the coaches. **Head Coaches reserve the right to set the expectations for travel dress code to other campuses. The coaching staff retains the right to ban any radios, electronic games, cell phones, etc... on away bus trips.**

SELECTION OF TEAMS

The head coach of each sport will determine the players on each team. The selection of teams will include, but is not limited to: skill level, knowledge of sport, attitude, and experience in the sport. Middle school team members will receive adequate playing time based on performance and meeting expectations. **Members of high school teams are not guaranteed playing time.**

SELECT/CLUB SPORTS

In the case of a non-school-related athletic event conflicting with a school-related athletic event, priority will be given to the school athletic event. **Missing a school-related athletic practice or game for a non-school athletic activity is unacceptable** and could result in a suspension from participation in the following school athletic contest.

HAZING

“Hazing” is against the law and will not be tolerated. “Hazing” means any intentional, knowing, or reckless act occurring on or off school property directed against a student by one person, alone, or acting with others, that endangers the mental and/or physical health or the safety of a student to pledge, being initiated into, affiliating with, holding office in, or maintaining membership in any organization whose members are to include

other students. Under Education Code 37.152, a person commits an offense if the person commits any of the following:

- a. Engages in hazing;
- b. Solicits, encourages, directs, aids, attempts to aid another in engaging in hazing;
- c. Recklessly permits hazing to occur;
- d. Has firsthand knowledge of the planning of a specific hazing incident involving a student, or has first-hand knowledge that a specific hazing incident has occurred, and knowingly fails to report that knowledge to the Principal or the Athletic Director.

The Athletic Director empowers the coaching staff to enforce and maintain all policies and standards described in the Athletic Handbook. Communication will be maintained between the coaching staff, the Athletic Coordinators, the Athletic Director, and the campus Principal when infractions warrant suspension from athletic activities.

The Anna Independent School District does not discriminate against any person because of race, creed, national origin, age, sex, economic status, or handicapping condition in employment, promotion, or educational programming. Student-athletes and parents are expected to follow the chain of command and first confer with the coach in question, then if necessary, the Head Varsity Coach of the Sport, followed by the Athletic Director, the building Principal, and finally, the Superintendent of Schools when an athletic concern exists. All academic concerns should be initiated with the teacher and then the campus Principal. Concerns addressing both athletic and academic matters should be addressed to the campus Principal and Athletic Director.

Thank you for taking the time to review the policies of the Anna ISD Athletic Department. Please contact the Athletic Director or any member of the coaching staff with additional questions or concerns regarding the contents of the Athletic Handbook. Please sign the acknowledgment form attached below and return it to a member of the coaching staff.

Completing the forms online through RankOne does not require the return of the signed acknowledgment form.

(Parent/Guardian & Athlete Copy)

ANNA I.S.D. ATHLETIC HANDBOOK ACKNOWLEDGEMENT FORM

I understand the policies and procedures of Anna I.S.D. Athletic Department, I am also aware of the consequences for violating said policies. If at any time I have questions regarding the handbook, I will address these questions to the Head Coach/Athletic Director. I understand that the Athletic Director and coaching staff will enforce these policies, procedures, and consequences.

Parent/Guardian Signature

Date

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Athlete Signature

Date

(Return this copy to the Athletic Department)

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Athlete Signature

Date

Anna ISD Random Drug Testing Policy

(Revised and approved by the school board on July 24th, 2014)

1. RANDOM DRUG-TESTING PROGRAM

2. OBJECTIVES

3. Any student in grades 7–12 who wishes to be eligible to participate in school-sponsored extracurricular activities or, beginning with the 2007–08 school year, drive a motor vehicle on District property, shall be subject to random testing for the presence of alcohol or illegal drugs throughout the school year. Before a student is eligible to participate in school-sponsored extracurricular activities or receive a parking permit, the student or parent shall sign a consent form agreeing to be subject to the rules and procedures of this Drug Testing Policy. The District's drug-testing program shall have the following objectives:

Provide a deterrent to drug/alcohol use for students in grades 7–12.

Ensure the health and safety of students representing the District in any interscholastic activity or driving on campus.

Require a drug education program for students who test positive for drug/alcohol use and for those students who are at risk for drug use.

1. SUBSTANCES FOR WHICH TESTS ARE CONDUCTED

2. Anna students in grades 7 – 12 who participate in school-sponsored extracurricular activities and drivers of motor vehicles are subject to random testing for drugs that an individual may not buy, possess, use, sell, or distribute under either federal or Texas law. Such drugs may include, but are not limited to:

Marijuana (Tetrahydrocannabinoids—THC);

Opiates;

Cocaine;

Phencyclidine (PCP);

Amphetamines;

Barbiturates;

Benzodiazepines (tranquilizers);

Methadone;

Methaqualone (Quaalude);

Propoxyphene;

Hallucinogens;

Steroids;

Performance-enhancing drugs;

All prescription drugs upon reasonable suspicion that they were obtained without authorization;
and

All prescription drugs and over-the-counter drugs upon reasonable suspicion that they are being
used in an abusive manner.

1. Students shall also be tested for alcohol and/or its metabolites.

2. CONDITIONAL PARTICIPATION

3. As a condition of participation in school-sponsored extracurricular activities or driving a motor vehicle on District property, each student in grades 7–12 and, should the student be under 18 years of age, his or her parent/guardian, shall sign an acknowledgment form that the student is subject to being randomly tested for drugs/alcohol before or during the school year or for an extended period in which the student participates in any school-sponsored extracurricular activity or drives a motor vehicle. The parent/guardian must provide his or her signature in the presence of a school administrator or the sponsor of the school-sponsored extracurricular activity. If a student and/or parent/guardian refuse to consent to random drug testing, the student shall be denied involvement in any school-sponsored extracurricular activities and the right to drive a motor vehicle on District property for the remainder of the school year.

4. TESTING

5. Testing shall be done by the established practices and procedures of a board-approved drug-testing vendor. These practices and procedures shall be made available upon request.

6. The following procedures shall be used for selecting random students to be drug-tested: 0.

1. Each sponsor of a school-sponsored extracurricular activity shall submit a list of students, which will be consolidated into a master list of participants.

2. The principal shall submit a list of students who drive a motor vehicle on District property.

3. The master list shall be submitted to the company employed by the District to conduct the testing.

4. The testing company shall computerize the master list, generating a random list of participants to be tested.
5. Twenty high school and ten middle school students who are involved in school-sponsored extracurricular activities or who drive a motor vehicle on District property shall be randomly selected to be tested approximately every 30 days.
6. A certified/licensed drug-testing vendor that has been approved by the Board shall conduct testing by the use of a urinalysis test.
7. The test shall occur at a time, place (a facility that provides reasonable privacy for the student), and date scheduled by the Superintendent or designee, in cooperation with the testing agency, without prior notice to the students.
8. A number shall identify the students to the testing agency since the testing agency will not provide the names of the students tested.
9. Gas chromatography/mass spectrometry shall verify all positive results from a drug screen.
10. The drug-testing administrator shall inform the designated campus administrator of the results. The campus administrator shall notify the parents and the staff members responsible for the implementation of the consequences outlined in this policy.
11. A student who refuses to submit a sample shall be given one hour to change his or her mind without leaving the testing area. If the student still refuses, he or she shall be subjected to the consequences associated with a positive test result.
12. If after agreeing to submit to testing, the student is unable to produce a sample within two hours, he or she shall be subjected to the consequences associated with a positive test result.
13. Tampering with or assisting others in tampering with any sample shall subject the student to the consequences associated with a positive test result.
14. In the case of questions about the effects of prescriptions or other medications, a school-designated physician or a medical review officer from the testing laboratory shall determine the outcome of the test.

1. SANCTIONS FOR POSITIVE TESTING

2. All offenses shall be cumulative for a student's career through grades 7–12 in the District.

3. FIRST POSITIVE TEST

4. After a first positive test, the student shall be subject to suspension for 14 calendar days, shall attend counseling, and shall be subject to continued testing throughout the student's career in the District. Additionally:

The school official to whom the results are reported shall notify the Superintendent or designee, the school-sponsored extracurricular activities sponsor, the student, and the student's parents/guardians.

The Superintendent or designee shall schedule a conference with the campus principal, the sponsor of the affected school-sponsored extracurricular activity, the student, and the student's parents/guardians. The parents/guardians shall be presented with the test results and shall be allowed an opportunity to offer a clarification for the results. The parents/guardians shall also be informed of the opportunity to respond to a positive test. At the request of a parent/guardian or the student, the Superintendent or designee shall authorize a one-time re-analysis of the original specimen to be performed by the drug-testing laboratory at the District's expense. The request for a retest shall be made in writing within 48 hours of the conference.

The student shall remain ineligible to participate in any school-sponsored extracurricular activities and to drive on District property for 14 calendar days (beginning the day following the conference), and until he or she has gone through an approved assessment by an approved counselor and enrolled in the program recommended by that counselor. Attendance at these sessions shall be monitored, and attendance problems shall result in ineligibility until the program is completed. A student in athletics may practice with his or her team/group but may not participate in contests; the student shall not be allowed to drive on District property for this period.

The student shall be included in each future sampling until the student has produced six clean tests. At such time, the student will be returned to the random pool.

1. SECOND POSITIVE TEST

2. After a second positive test, a student shall be subject to suspension from participation in athletics and from the privilege of driving on District property for 180 calendar days, shall attend counseling, and shall pass six consecutive District drug tests. Additionally:0.

The school official to whom the results are reported shall notify the Superintendent or designee, the school-sponsored extracurricular activities sponsor if the student is involved in athletics, the principal of the student's campus, the student, and the student's parents/guardians.

The Superintendent or designee shall schedule a conference with the campus principal, the sponsor of the affected activity, the student, and the student's parents/guardians. The parents/guardians shall be presented with the test results and shall be allowed an opportunity to offer clarification. The parents/guardians shall also be informed of the opportunity to respond to a positive test. A reanalysis of the original specimen may be requested to be performed by the

drug-testing laboratory, at the expense of the parents/guardians. The request for a retest must be made in writing within 48 hours of the conference, at which time payment must accompany the written request.

The student shall remain ineligible to participate in any school-sponsored extracurricular activities or to drive on District property for 180 calendar days (beginning the day following the conference), and until he or she has gone through an approved assessment by an approved counselor and enrolled in the program recommended by that counselor. Attendance at these sessions shall be monitored, and attendance problems shall result in ineligibility until the program is completed. The student may practice with his or her team/group but may not participate in contests; the student shall not be allowed to drive on District property during this time.

The student shall be included in each future sampling until the student has produced six clean tests. At such time, the student will be returned to the random pool.

1. THIRD POSITIVE TEST

2. After a third positive test, the student shall be subject to suspension from participation in all school-sponsored extracurricular activities and from driving a motor vehicle on District property for 365 calendar days, shall attend counseling, and shall pass 12 consecutive District drug tests. Additionally:

The school official to whom the results are reported shall notify the Superintendent or designee, the school-sponsored extracurricular activities sponsor if the student is involved in athletics, the principal of the student's campus, the student, and the student's parents/guardians.

The Superintendent or designee shall schedule a conference with the campus principal, the sponsor of the affected activity, the student, and the student's parents/guardians. The parents/guardians shall be presented with the test results and shall be allowed an opportunity to offer a clarification for the results. The parents/guardians shall also be informed of the opportunity to respond to a positive test. A reanalysis of the original specimen may be requested to be performed by the drug-testing laboratory, at the expense of the parents/guardians. The request for a retest must be made in writing within 48 hours of the conference, at which time payment must accompany the written request.

The student shall remain ineligible to participate in any school-sponsored extracurricular activities or to drive on District property for 365 calendar days (beginning the day following the conference), and until he or she has gone through an approved assessment by an approved counselor and enrolled in the program recommended by that counselor. Attendance at these sessions shall be monitored, and attendance problems shall result in ineligibility to participate in school-sponsored extracurricular activities or to drive on District property until the program is

completed. The student may practice with his or her team/group but may not participate in contests; the student shall not be allowed to drive on District property during this time.

The student shall be included in each future sampling until the student has produced 12 consecutive clean tests. At such time, the student will be returned to the random pool.

1. FOURTH POSITIVE TEST

2. After a fourth positive test, the student shall be suspended from participation in all school-sponsored extracurricular activities and from driving on District property for the duration of his or her enrollment in the District.

3. Additionally:

The school official to whom the results are reported shall notify the Superintendent or designee, the principal, the interscholastic activities sponsor(s), the student, and the student's parents/guardians.

The Superintendent or designee shall schedule a conference with the campus principal, the sponsor of the affected activity, the student, and the student's parents/guardians. The parents/guardians shall be presented with the test results and shall be allowed an opportunity to offer a clarification for the results. The parents/guardians shall also be informed of the opportunity to respond to a positive test. A reanalysis of the original specimen may be requested to be performed by the drug-testing laboratory, at the expense of the parents/guardians. The request for a retest must be made in writing within 48 hours of the conference, at which time payment must accompany the written request.

The student shall remain ineligible to participate in any school-sponsored extracurricular activities or, should he or she be a high school student, to drive on District property for the remainder of his or her high school career.

1. CONFIDENTIALITY

2. Results of any drug test administered under this policy shall be used only for determining eligibility for participation in school-sponsored interscholastic activities and driving a motor vehicle on District property.

3. Records of positive tests shall be maintained by the principal in a secure location and disclosed only to the appropriate school personnel, the student, and the student's parents/guardians.

4. Upon graduation, the information shall be destroyed, and under no circumstances will this information become part of the student's permanent file, nor will it be sent to another school if the student moves to another district or transfers to another school.

5. appeals

6. A student or parent may appeal a decision made under this policy per FNG(LOCAL). The student shall be ineligible for participation in school-sponsored extracurricular activities while the appeal is pending.